

May 2019 CHAMBER EVENTS

Networking Breakfasts

Tuesday, May 7th • 7:45 AM Hosted & Sponsored by

Cabinet Gallery

633 N.W. Baker Road, Stuart

Tuesday, May 14th 7:45 AM

Host EVENT
Inspir RESCHEDULED 1 by
2625 S.E. Cove Road, Stuart

Tuesday, May 21st • 7:45 AM Sponsored by

Secret Sequence Genetic Testing

at Chamber Conference Center 1650 S. Kanner Hwy., Stuart

Networking Luncheon Legislative Wrap-Up

Wednesday, May 8th • 11:45 AM Sponsored by

AT&T

Hosted by

Hutchinson Island Marriott Beach Resort & Marina

555 N.E. Ocean Boulevard Stuart

Reservations are required

Auction/ Business After Hours

Wednesday, May 22nd 5:30 - 7:30 PM Presented by

Lesser, Lesser, Landy & Smith, PLLC

Hosted by

Rockin H Ranch/The Hitchin Post

4181 S.W. Boatramp Avenue Palm City

The Chamber Conference Center is sponsored by T.C. Urgent & Family Care



Margot Graff, Executive Director of Habitat For Humanity of Martin County, welcomed Chamber members to their expansive Restore showroom in North Stuart. Members

were impressed by the amount of furniture, construction material and accessories available for sale, as well as the numerous projects spearheaded by the organization. Representing Habitat For Humanity were (from left) Past Chamber Chairman Patrick LaConte, La-Conte Engineering; Ron Quinlan, Jr., Northern Trust Co.; Chamber Trustee and Director Jeff Sabin, Waste Management; Kate Harper and Margot Graff, Habitat staff; Chamber Trustee Brian Moriarty, Loving Chiropractic of Stuart; also Chamber Chairman Will Carson, Forward Electric & Air Conditioning and President/CEO Joe Catrambone.



Thomas Davies, Davies Wealth Management (center), sponsor of the Chamber's April Networking Luncheon at Sailfish Point Country Club, captivated the audience with a lively and personal overview of his financial investment business. Shown with Mr. Davies are Chamber Chairman Will Carson, Forward Electric & Air Conditioning (left) and President/CEO Joe Catrambone.



Carol Houwaart-Diez, United Way of Martin County (left) and Denise Ehrich, Bank of America/US Trust, presented an interactive community survey with Chamber members at the April Networking Luncheon, sponsored by Davies Wealth Management at Sailfish Point Country Club.



Networking Breakfasts

TUESDAY • MAY 7TH • 7:45 AM

Hosted & Sponsored by:



633 N.W. Baker Road • Stuart

Located north of Roosevelt Bridge. Turn right onto Baker Road (just south of Publix). Turn left into the industrial park. Cabinet Gallery is located immediately on the left.

TUESDAY • MAY 14TH • 7:45 AM

Hosted & Sponsored by:



2625 S.E. Cove Road • Stuart

Located between Willoughby Boulevard and U.S. #1 on the north side of Cove Road.

TUESDAY • MAY 21TH • 7:45 AM

Sponsored by:



Held at the

Chamber's Treasure Coast Urgent & Family Care Conference Center 1650 S. Kanner Highway • Stuart

Networking Luncheon

Wednesday • May 8th • 11:45 am



FLORIDA LEGISLATIVE WRAP-UP



HOSTED BY:



MARRIOTT RESORT HUTCHINSON ISLAND

555 N.E. OCEAN BLVD. HUTCHINSON ISLAND , STUART

ENTRANCE IS LOCATED ON SOUTH SIDE OF E. OCEAN BLVD., JUST EAST OF THE CAUSEWAY.

RSVP NO LATER THAN MONDAY, MAY 6TH AT 1:00 PM

ALL CHAMBER MEMBERS \$30 * PROSPECTIVE MEMBERS \$40 * NON-MEMBERS \$50

CLICK HERE TO RESERVE ON-LINE

NO SHOWS WILL BE BILLED - CANCELLATION POLICY IS 48 HOUR NOTICE



LESSER LESSER LANDY & SMITH PLLC

ATTORNEYS AT LAW

-Personal Injury Law Since 1927-

PRESENTS THE

Everything Under The Sun

AT THE BUSINESS AFTER HOURS

• May 22, 2019 / 5:30pm - 7:30pm

AT THE ROCKIN H RANCH/THE HITCHIN POST 4181 S.W. BOATRAMP AVENUE, PALM CITY, FL 34990 JOIN US FOR HORS D'OEUVRES, COCKTAILS, & REFRESHMENTS



PHONE: 772-287-1088. EXT. 112 / CAITLINH@STUARTMARTINCHAMBER.ORG

CLICK HERE FOR TICKET INFORMATION

Top 10 Reasons to advertise in the 2020 Welcome Guide & Business Directory!

- 1. The Welcome Guide is an invaluable source of newcomer, relocation and visitor information, published annually with a readership of over 40,000. A free publication, the guide features over 140 pages of real estate and newcomer information, attractions, shopping, dining, sports and recreation, healthcare, education, business and industry, along with a membership directory listing all Chamber members alphabetically and categorically.
- 2. The Welcome Guide is distributed to all Martin County hotels and other accommodations.
- The Welcome Guide can be picked up at tourist attractions such as the Elliott Museum, House of Refuge and Florida Oceanographic Center.
- 4. The Welcome Guide is distributed to physician and dentist offices, hospitals, assisted living facilities and other medical-related businesses with waiting areas.
- 5. The Welcome Guide is hand delivered to over 1,000 Chamber members during Operation Thank You in November.

- 6. The Welcome Guide is distributed to more than 250 locations including real estate and other professional offices, banks, attorneys, mortgage and insurance companies, country clubs, rental communities and marinas.
- The Welcome Guide is distributed at the Chamber's Home & Garden Show each March to over 4,000 attendees interested in home improvements.
- 8. The Welcome Guide is mailed to potential new businesses looking to open or relocate to Martin County and is also distributed by the Business Development Board to entice corporations to call Martin County home.
- 9. The Welcome Guide is direct mailed at no charge to visitors and potential new residents inquiring about Martin County. It is also available for pick up at the Stuart/Martin County Chamber of Commerce office.
- 10. The Welcome Guide is available at many hair salons and spas, auto dealerships and repair shops, restaurants and all advertisers' locations.

☐ Yes, I would like to advertise in the 2020 Welcome Guide.	☐ I am interested in advertising. Contact me with more information.	☐ I am a current Welcome Guide advertiser. I would like to renew my ad. Contact me for changes.		
COMPANY NAME:				
ADDRESS:	AND CARRY			
PHONE:	FAX:			
COMPANY REPRESEN	ITATIVE:			
E-MAIL:				
		ext. 104 or sueh@stuartmartinchamber.org		



2020 Welcome Guide & Business Directory

Advertising Rates

As the official publication of the Stuart/Martin County Chamber of Commerce, The *Welcome Guide & Business Directory* is published as a tool to help promote economic growth and improve the quality of life in all of Martin County.

The *Welcome Guide & Business Directory* provides useful information to familiarize residents, visitors and businesses with all Martin County has to offer, including an alphabetical and categorical list of the entire Chamber business membership.

The *Welcome Guide & Business Directory*, with a readership of over 40,000, is available at the Chamber office and hundreds of area locations including hotels, country clubs, banks, salons, restaurants, real estate, physician and professional offices, tourist attractions and more!

PLACE YOUR ORDER NOW...Closing Date is August 2, 2019

ADVERTISING RATE SCHEDULE:

Ad Size	Cost	Discount*	Back Cover\$3,900
Full Page	\$2,595	\$2,040	Inside Front Cover \$3,350
2/3 Page	\$2,135	\$1,700	Inside Back Cover\$3,000
1/2 Page	\$1,785	\$1,460	Page One\$3,350
1/3 Page	\$1,215	\$1,000	Opposite Contents Page\$3,000
1/6 Page	\$ 745	\$ 650	Two Page Spread\$4,150

*Discounted rate for website advertisers. Website ad is an additional charge.

PUBLICATION PRODUCTION DEADLINES

Space Closing Date: **August 2, 2019**Material Deadline: **August 30, 2019**Distribution: **November 2019**

FOR MORE INFORMATION

Contact Sue Hedgepeth (772) 287-1088, ext. 104 sueh@stuartmartinchamber.org

BUSINESS EXPE

July 17, 2019

Exhibit Hours 4:00 pm - 7:30 pm
Business After Hours 5:30 pm - 7:30 pm
Wolf High-Technology Center
Indian River State College • Stuart



Business to Business Networking * High Visibility / Low Cost New Leads / Potential Customers

EXHIBITOR/SPONSOR CONTRACT

DATE:		Please Check One		
COMPANY NAME:		EXHIBITOR PRICES		
CONTACT NAME:		 □ » Member Table \$200 □ » Non-Member Table \$350 		
EMAIL:		SPONSOR PRICES		
CONTACT PHONE / CELL:	:	□ » Gold Sponsor \$950		
Will you need electricity	? Yes No	□ » Silver Sponsor \$650		
Will you need a wall spac *This is a table top display. Disp will not be allowed.	e? YesNo plays/banners that are above table top height			
PAYMENT TYPE:	Amount Due \$	\$75 deposit required with contract		
Check (Payable to: Stuart/Martin County Chamber of Commerce) Charge My Credit Card (Please call or pay online)		Full Payment Due by July 8th		
3.12.32, 3.64.11	and the pay of miles			





Call Today! Space is limited. PHONE: 772-287-1088 / Ext.112

Caitlinh@stuartmartinchamber.org

BUSINESS

July 17, 2019

Exhibit Hours 4:00 pm - 7:30 pm Business After Hours 5:30 pm - 7:30 pm **Wolf High-Technology Center** Indian River State College • Stuart



Business to Business Networking * High Visibility / Low Cost New Leads / Potential Customers

SPONSORSHIP OPPORTUNITIES

\$950 SPONSOR » GOLD

- Receive two preferred 6' tables and four chairs at event
- Business Logo included on all event print media and on event program
- Business Recognition during event
- Receive Thank You with business logo in our monthly Newsletter and Compass
- Free Chamber Email Blast following event (use within 90 days)
- Free Blog on the Chamber's website on an approved topic of your choice with your company logo. The blog will also be posted on the Chamber's social media platforms (\$500 value)

\$650 SPONSOR » SILVER

- Receive a preferred 6' table and two chairs at event
- Business Logo included on all event print media and on event program
- Business Recognition during event
- Receive Thank You with business logo in our monthly Newsletter and Compass

We encourage participation with giveaways at your table or after the event.

Call Today! Space is limited. PHONE: 772-287-1088 / Ext.112

Contact: Caitlin Hartley

Caitlinh@stuartmartinchamber.org





LEAD NOW. LEARN HOW.

LEADER ship

MARTIN COUNTY

earn the tools to help you make a difference in Martin County. This esteemed leadership education program guides participants through an in-depth look into our community and everything it has to offer its residents. Key components of the program include:

- Meeting the decision makers in business, education, health care, government, social services, arts and law enforcement
- Learning about the issues and asking the hard questions that affect Martin County
- Touring area facilities and their operations
- Networking with other leaders and making your voice heard and
- Committing to one program day a month for ten months.

For more information, contact LEADERship Martin County Program Director, Cindy LaConte, at claconte@stuartmartinchamber.org or (772) 287-1088, extension 106. Visit https://www.stuartmartinchamber.org/the-chamber/leadership to learn more.

Class 30 applications are available and due June 2019.







Making a difference

LEADERship Martin County is an exciting program designed to prepare potential leaders to meet the challenges facing Martin County. Participants will explore critical issues through a series of presentations, seminars and field trips. Interaction with key decision makers, experts, community leaders and government representatives will assist participants

in understanding the forces that impact their community, business and daily lives.

The success of the program, now in its 29th year, is reflected in the broad base of leaders who have gone through the program and chosen to make

Learn the tools to make a difference in Martin County."

a difference. CEO's of many businesses and Non-Profit Organizations have been through the program, along with elected officials such as City and County Commissioners, Sheriff, City Police Chief, Property Appraiser, Clerk of the Court, Superintendent of Schools, School Board Members and many State Legislators.

March New Members

Abraham Jaskiel DMD PA

Mr. Abraham Jaskiel D.M.D., PA 1865 Brickell Avenue Suite A 207 Miami FL 33129 (305) 653-2231 www.brickellavenue dentistry.com DENTISTS

Activa Home Health

Ms. Kelley Bell
1850 S.W. Fountain
Suite 201
Port St Lucie Florida
34986
(772) 473-9872
www.Activahh.com
HOME HEALTH CARE/
PRIVATE CARE
Sponsor: Lisa Teetor

Americann Wellness

Mr. Alex Anthony
2177 S.E. Ocean Blvd.
Stuart FL 34996
(772) 281-1520
www.americannwellness.net
MEDICAL CLINICS/
URGENT CARE
HEALTH/NUTRITION
PRODUCTS/CONSULTING
HOLISTIC HEALTH

Brian M. Dittrich CPA

Mr. Brian Dittrich
110 Glenbrook Court
Atlantis FL 33462
(609) 731-5791
ACCOUNTANTS/CERTIFIED
PUBLIC/FORENSIC
ACCOUNTANTS/TAX
SERVICES/ANALYTICS/
BOOKKEEPING

City Beets, LLC

Mr. Mike McLaughlin 870 S.E. Indian Street Stuart FL 34997 (772) 266-9431 www.citybeets.com RESTAURANTS CATERING/PERSONAL CHEF/BARTENDING/ FOOD TRUCK

Crafted by TBC/ Customized For You!

Ms. Tara Biek
45 S.W. Seminole Street, #1
Stuart FL 34994
(772) 486-3684
www.craftedbytbc.com
TROPHIES/ENGRAVING/
MONOGRAMING
DESK NAMEPLATES/
NAME BADGES
RETAILERS

Digby Doo/ The Board Game

Mr. Stephen Junda 3632 SW Sunset Trace Circle Palm City FL 34991 (772) 236-8125 www.who-knows-who.com FAMILY ENTERTAINMENT RETAILERS

GB Marketing Research Solutions, LLC

Mr. George Brezny
1774 S.E. Berkshire Blvd.
Suite 2B
Port St. Lucie FL 34952
(772) 777-3297
www.thevocexpert.com
MARKETING RESEARCH
BUSINESS CONSULTANTS
CONSULTANTS

Indianwood Golf & Country Club

Ms. Mary Harris
14007 SW Golf Club Drive
Indiantown FL 34956
(772) 597-3794
www.indianwoodgolfclub.com
GOLF
GOLF CLOTHING/
SUPPLIES/FITTINGS
RETIREMENT
COMMUNITIES
COUNTRY CLUBS

TO LOCATE A CHAMBER MEMBER, CLICK HERE FOR THE MEMBERSHIP DIRECTORY

March New Members

Joy Communications

Mr. Peter Engle
3461 S.E. Willoughby Blvd.
Stuart FL 34994
(772) 283-2000
www.joycomm.com
TELEPHONE EQUIP/
SALES/SERVICE/
WIRELESS
COMPUTER BUSINESS
SERVICES
COMPUTER NETWORKING

Keller Williams Realty/ The Keegan Team

Mrs. Jill Keegan 819 S. Federal Highway Suite 300 Stuart FL 34994 (772) 323-6764 www.treasurecoastdestina tions.com REAL ESTATE/BROKERS & ASSOCIATES REAL ESTATE/ INVESTMENT REAL ESTATE/RENTALS

Mamma Mia Osteria

Mr. Frank Lograsso 848 S.E. Becker Road Port St. Lucie FL 34984 (772) 344-5061 www.mammamiaosteria. com RESTAURANTS CATERING/PERSONAL CHEF/BARTENDING/ FOOD TRUCK

Manta Marketing

Mr. Michael DeMeo
3471 A Suite 7
Palm City School Avenue
Palm City FL 34990
(772) 247-2699
www.mantamarketinggroup.
com
WEBSITE DESIGN/DIGITAL
MARKETING
ADVERTISING COUPONS
ADVERTISING/DESIGN/
DIGITAL

Nicholas B. Bangos, PA

Mr. Nicholas B. Bangos P.A. 2560 RCA Blvd., Suite 114 Palm Beach Gardens FL 33410 (772) 210-5771 www.nbbpa.com ATTORNEYS ATTORNEYS/BANKRUPTCY ATTORNEYS/CORPORATE & BUSINESS LAW ATTORNEYS/BUSINESS LITIGATION

Primary Financial/ Robert Hayek, LUTCF

Stuart FL 34994
(732) 417-5322
www.pennmutual.com
FINANCIAL ADVISOR/
ESTATE PLANNING/
INVESTOR SERVICE
INSURANCE AGENCY/
HEALTH/LIFE/MEDICARE
INSURANCE LONG TERM
CARE
Sponsor: Christina Eisenberg

Rockin H Ranch/ The Hitchin Post

Mrs. Marcia Coker
4181 S.W. Boatramp Avenue
Palm City FL 34990
(772) 263-9400
BANQUET/RECEPTION/
MEETING HALL/FACILITY
EVENT/COMMUNITY/
MANAGEMENT
WEDDING PLANNING/
DESIGN

Stuart Sailing Charters LLC

Capt. Paul Jones Stuart FL 34994 (913) 645-8206 www.Stuartsailing.com BOAT CHARTER/TOURS/ DIVING TOUR OPERATOR

Styled Ice Inc.

Mr. David Hubbard 302 S.W. Salerno Road Stuart FL 34997 (561) 676-3039 www.styledice.com CATERING/PERSONAL CHEF/BARTENDING/FOOD TRUCKS

Susan Werb Test Prep Expert

Ms. Susan Werb
Stuart FL 34994
(772) 932-8378
www.testprepexpert.com
TUTORING/TEST PREP
CONSULTANTS
SCHOOLS/INSTRUCTION/
TUTORING
Sponsor: John Everett

March New Members

Talon Air Partners LLC

Mr. Russell Bonnell 3745 Park Central Blvd N. Pompano Beach FL 33064 (954) 532-2573 www.talonairpartners.com WHOLESALE/ DISTRIBUTOR

The Cellular Touch

Ms. Cheryl Schmitt
Jensen Beach FL 34957
(954) 907-5679
TELEPHONE EQUIP/
SALES/SERVICE/WIRELESS
TELEVISION/CABLE/
WIRELESS/SATELLITE
INTERNET SERVICE
PROVIDERS - RETAILERS

The Keyes Company/ H.B. Warren

Mr. H.B. Warren 4417 N.E. Ocean Blvd Jensen Beach FL 34957 (772) 834-9131 www.hbwarren.keyes.com REAL ESTATE/BROKERS & ASSOCIATES REAL ESTATE/INVESTMENT REAL ESTATE/RENTALS

The Outpost Bar & Grille

Ms. Mary Harris
14057 Golf Club Drive
Indiantown FL 34956
(772) 597-3790
www.indianwoodgolfclub.com
RESTAURANTS
CATERING/PERSONAL
CHEF/BARTENDING/
FOOD TRUCK

Websuited

Mr. Rhett Lloyd Fort Pierce FL 34981 (772) 266-3226 www.websuited.com WEBSITE DESIGN/DIGITAL MARKETING COMPUTER CONSULTING/ TRAINING

Western Auto

Ms. Anna Blake 15847 S.W. Warfield Blvd. Indiantown FL 34956 (772) 597-3898 RETAILERS Sponsor: R.V. Johnson Agency

Woodward, Kelly, Fulton, & Kaplan

Mr. Brandon Woodward 27 S.E. Ocean Blvd.
Stuart FL 34994
(772) 497-6544
www.wkfklaw.com
ATTORNEYS/CORPORATE & BUSINESS LAW
ATTORNEYS
BUSINESS BROKERS
ATTORNEYS/BUSINESS
LITIGATION
ATTORNEYS/CONSTRUCTION/LIENS/LITIGATION
Sponsor: Chuck Geary



LEADERship Martin County



LEADERship Class 29 was arrested and on their way to the Martin County jail by bus and paddy wagon. The class enjoyed Public Safety Day by visiting the City of Stuart Police, Martin County Sheriff's Office, City of Stuart and Martin County Fire Rescue and the Court System. They had a full day of experiencing the many hats and training the law enforcement and fire officers are required to do to keep our community safe. A special thanks to Alumni Coordinators Captain Heather Rothe, Sergeant Brian Bossio, Community Outreach Manager Trish Kukuvka, Chief Deputy, Court Manager Tom Harmer and Ocean Rescue Chief Bradley Beckett, and many other officers who assisted in the day.

March Renewals

TWENTY-FIVE YEARS OR MORE

Anthony DeLucia, D.D.S.
The Arts Council of Martin County
Best Western Downtown Stuart-TRUSTEE
Bureau of Direct Mail, Inc.
Calico Corners
Dave's Plumbing, Inc.
Elliott Museum
Florida Power & Light Co.-TRUSTEE
Fox McCluskey Bush Robison, PLLC
Hibiscus Children's Center
HPS, Helping People Succeed, Inc.
Martin Fence Company
NAI Southcoast Inc.
New England Fish Market &
Restaurant/Jensen Beach

Restaurant/Jensen Beach
North Stuart Centre
Prescription Shop of Stuart
RE/MAX of Stuart
Stuart Stamp & Engraving
TD Bank/Stuart-TRUSTEE

TWENTY - TWENTY-FOUR YEARS

Atlantic Aviation - Stuart LLC Frank Warren Insurance/State Farm Lloyd Johnson Electric, Inc. Ross, Earle & Bonan, P.A.

FIFTEEN - NINETEEN YEARS

Guy, Yudin & Foster, LLP Hustons Office Supplies The Morganti Group, Inc.

TEN - FOURTEEN YEARS

Investment Planning Group Taylor Pest Management Team Parks, Inc. - *TRUSTEE* Tykes & Teens, Inc.

FIVE - NINE YEARS

Miller's Central Air, Inc.
NES Private Staffing & Security
Radiology Imaging Associates/PSL
Rainbow Intl./Restoration/Cleaning-*TRUSTEE*RE/MAX of Stuart/
Maureen Vaillancourt GRI, CRS
Stuart Air Show
Treasure Coast Healthcare System-*TRUSTEE*

ONE - FOUR YEARS

Bark Park
Berkshire Hathaway/Barca & Benson Team
Bono's Pit Bar-B-Q & Grill/Catering

Carpenter Electric, Inc.

Conchy Joe's

Cooke's Plumbing & Septic

Downtown Business Association of Stuart, Inc.

ELB Consulting, Inc.

Gertrude Walden Child Care Center, Inc.

Jersey Mike's Subs

Kiplinger/Pineland Prairie

Mondo Wood Fired Pizza

O'Donnell Impact Windows/Jensen

Ohle & Ohle, Attorneys at Law

RE/MAX Community-Patrick Stracuzzi Team

Red Hawk Fire

Sailfish Plumbing, LLC

Sailfish Wealth Management Group-TRUSTEE

Stuart Urgent Care & Family Practice

Terrace at Hobe Sound/Hobe Sound Manor

The Pointe at Ocean Blvd./55+ Living

Thrivent Financial/Valinote/Whitlach

Total Lifesafety Corporation

TravelGators Dream Vacations

Waterfront Properties & CC/Liz Elliott

William F. Gallese, Attorney





May 2019

1650 S. Kanner Highway, Stuart, FL 34994

Florida Association of Chamber Professionals

CERTIFIED CHAMBER OF COMMERCE

287-1088 • Fax: 220-3437 • www.stuartmartinchamber.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Youth LEADERship Planning 7:30 AM Chamber Networking Breakfast 7:45 AM Cabinet Gallery 633 N.W. Baker Rd. Stuart	8 Networking Luncheon 11:45 AM Hosted by: Hutchinson Island Marriott Beach Resort 555 N.E. Ocean Blvd., Stuart Sponsored by: AT&T Legislative Wrap Up	9 LEADERship Planning 5:30 PM Chamber*	LEADERship Alumni Board Meeting 8:00 AM Chamber*	11
Happy Mother's Day	13	Networking Breakfast 7.05 EVENT RESCHEDULED RESCHEART 2025 S.E. Cove Rd. Stuart	15	16	17	ARMED FORCES DAY
19	20 Ambassador Committee	21 Networking Breakfast	22 Board Meeting 7:30 AM Chamber*	23	24	25
	Noon Chamber*	7:45 AM Chamber* Sponsored by: Secret Sequence Genetic Testing	Auction / Business After Hours 5:30-7:30 PM Hosted by: Rockin H Ranch/ The Hitchin Post 4181 S.W. Boatramp Ave., Palm City Presenting Sponsor: Lesser, Lesser, Landy & Smith, PLLC			
26	MEMORIAL DAY.	28	29 Local Govt. & Transportation Committee Noon Chamber*	30	31	

^{*} The Chamber Conference Center is sponsored by Treasure Coast Urgent & Family Care.