

**CHAMBER EVENTS**

**Networking Luncheon**

Wednesday, September 14th  
 11:45 AM  
 Sponsored by  
**PNC Bank**  
 Hosted by

**Stuart Corinthian Yacht Club**

4725 Capstan Ave., Stuart  
 Reservations are required

**Health & Wellness Show**

Thursday, September 15th  
 Breakfast: 7:45 - 9:00 AM  
 Breakfast Sponsored by  
**Brightway Insurance-**  
**Tony Barletta**

Show Open to the Public:  
 9:00 AM - 2:00 PM  
 Hosted by

**Indian River State College**

2400 S.E. Salerno Rd., Stuart

**Council of Chambers**

**Breakfast**

Tuesday, September 20th  
 7:45 AM  
 Sponsored by  
**A T & T Florida**  
 Hosted by

**The Kane Center**

900 S.E. Salerno Rd., Stuart  
 Speaker: **US Congressman**  
**Tom Rooney**

**Business After Hours**

Wednesday, September 21st  
 5:30 - 7:30 PM  
 Hosted & Sponsored by  
**Abingdon at Tradition**  
 10685 S.W. Stony Creek  
 Port St. Lucie

**Young Professionals of**

**Martin Co. Luncheon**

Thursday, September 29th  
 11:45 AM  
 Hosted by  
**Bru's Room**  
 1725 S. Federal Hwy., Stuart

**Board of Directors:**

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**Melissa Corbett**  
*The MilCor Group, Inc.*

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*& Shutter Corp.*

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*Carrabba's Italian Grill*

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*Martin County School Board*

**Jose Farinos**  
*Indian River State College*

**Joseph A. Catrambone**  
*President/CEO*

**Free, Hot Topic Presentations at Health & Wellness Show**

The Stuart/Martin County Chamber of Commerce invites you to learn more about our community's healthcare options at the 3rd annual Health & Wellness Show on Thursday, September 15th at Indian River State College's Wolf High-Technology Center. The show is a free event open to the public and will feature hot-topic presentations from industry experts, exhibits and demonstrations from local vendors. Flu vaccinations will be given by Walgreens and vision screenings by Sam's Club.

The show will feature a variety of guest speakers. Kicking off the day at 9 a.m. will be John Miller

with Harbor Place at Port St. Lucie, speaking on senior living options. Phyllis Leclercq, social director and wellness coordinator for Sandhill Cove Retirement Living, will speak on life-long wellness for seniors at 9:30 a.m. Linda Flanagan with Wellcare Health Plans will follow at 10 a.m. with an informative presentation on Medicare. Rob Gluckman with Employee Wellness and Treasure Coast Urgent & Family Care will speak at 11 a.m. on Smart Ways to Handle Workers Compensation. Wrapping up the afternoon is Medicare Decisions Made Easy, an educational presentation sponsored by Humana at 1 p.m.



A networking breakfast for chamber members will start off the day at 7:45 a.m. The free show opens to the public at 9 a.m. and runs until 2 p.m. From local doctors, dentists and chiropractors to skin care, wellness and senior living facilities, a wide variety of vendors will fill the Wolf High-Technology Center at 2400 SE Salerno Road in Stuart with the latest information in healthcare.

Thank you to this year's sponsors: **Employee Wellness and Treasure Coast Urgent & Family Care, Scripps Treasure Coast Newspapers, Money Saver Magazine, Treasure & Space Coast Radio, Harbor**

**Place at Port St. Lucie, Humana, Sandhill Cove Retirement Living, WellCare Health Plans, Allegro Senior Living, Champion Home Health Care, Fier Eye Care & Surgery Center, Florida Skin Cancer Treatment Center, Martin Memorial Rehabilitation Services, Medstat Urgent Care Centers and MedVance Institute.**

For more information, to receive sponsorship information or to reserve a table space, please contact 772-219-1719, Alicia@mcnicholas.biz or visit www.stuartmartinchamber.org. Space is limited!



Chamber members enjoyed a delicious meal at the August Networking Luncheon held at Hutchinson Island Marriott Resort & Marina while they learned about the current efforts of the Rivers Coalition. Pictured are luncheon sponsor John O'Brien, Gulfstream Aluminum & Shutter Corp. (center) and presenters Mark Perry, Florida Oceanographic Society (left) and Leon Abood, Premier Realty Group.



Special thanks to Monarch Country Club for hosting and sponsoring the August Business After Hours. Shown from left are Beth Davis, Monarch; Chamber President/CEO Joe Catrambone; Beth Robertson, Monarch; Chamber Chairman Melissa Corbett, The MilCor Group, Inc. and Jim Tills, Monarch.



Special thanks to Hutchinson Island Marriott Resort & Marina for hosting the August Networking Luncheon and the Rivers Coalition for their sponsorship. Marriott associates pictured from left are Ter-nille McLeod, Lauralee Rexroad, Sharon Laing and Alexis Castle.



**Special Thanks to Comfort Chiropractic**

Sandra Tankesley (left) and her assistant Connie Nguyen of Comfort Chiropractic presented chamber members with some of the latest medical techniques and equipment as they sponsored and hosted the August 23rd Networking Breakfast.



**Ken Ferguson**  
 Director of Business Services  
**Hope You Had a Great Labor Day!**

This is a holiday we celebrate that is almost like an oxymoron. Many businesses close and their laborers have the day off. I am surprised that comedian Steven Wright hasn't jumped all over it. Anyway, I hope you all had a great day off. With Thanksgiving just around the corner, it gives us a chance to contemplate just how thankful we should be, since we dodged the bullet during the recent hurricane that caused so much damage as it moved up the East Coast.

**GOOD NEWS FOR BUSINESS**  
 This is also the time of the year when our winter visitors and residents will be returning. Granted, that will increase our traffic slightly but it also means many more dollars will be spent with our local businesses and some of them will be adding employees.

**BAD NEWS FRAUD & EMBEZZLEMENT**  
 As your business grows, so does the possibility of fraud or embezzlement, though we don't like to talk about it. According to a book by Ed McMillan on

the subject, the culprit will be an employee you would least likely suspect. Who to watch out for?? The disgruntled employee (always complaining). The "no vacation always working" (never takes time off) and the employee who appears to live above his/her means. Here's a tip you might want to try. Watch where employees cash their checks. A bank or credit union is the normal place. Checks that are endorsed over to private citizens or cashed in a bar, liquor store, check cashing service or other odd place should raise a flag.

**CHAMBER EVENTS**  
 Networking is the secret for getting the most from your Chamber Membership, so take advantage of these events:  
 9/14 Chamber Luncheon at

**CLOSING HUMOR:**  
 1. All things considered, insanity may be the only reasonable solution. 2. Always remember, "you are unique" just like everybody else. 3. Anything is possible, if you don't know what you are talking about. 4. Ask a silly person, get a silly answer. 5. Caution, I was not hired for my disposition. 6. Steven Wright says, Women should put a picture of their missing husband on Beer Cans, and 6. If a mute child swears, should his mother wash his hand with soap?

**Shop Local... Shop With Chamber Members**

FOR INFORMATION ABOUT CHAMBER MEMBERS, READ E-COMPASS NEWS AT WWW.STUARTMARTINCHAMBER.ORG.  
 FOR MEDIA RELEASE PLACEMENT IN E-COMPASS NEWS, EMAIL INFORMATION TO INFO@STUARTMARTINCHAMBER.ORG.  
 FOR CHAMBER MEMBERSHIP INFORMATION, CALL 287-1088 ext 101.